



MENU



SOUL

FOOD by **e14**



ROOFTOP



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MENU BOISSONS

BOISSONS FROID

Eau plate, Gazeuse.....	15/30 dhs
Limonade Maison.....	30 dhs
Sodas.....	25 dhs
Bière Sans Alcool.....	60 dhs
Red Bull.....	50 dhs
Orangina.....	30 dhs
Café Frappé.....	30 dhs
Thé Frappé.....	30 dhs

COCKTAILS FRAIS

El Moroquito	45 dhs
(orange , carotte , fraise)	
Marrakech Sunset	45 dhs
(orange , carotte , pamplemousse)	
Marrakech Sunrise	45 dhs
(citron , pastèque , pamplemousse)	
Detox	45 dhs
(gingembre, citron, menthe)	
Mojito Virgin	50 dhs
(citron, menthe, sucre, soda)	
Green Soul	50 dhs
(épinards, concombre, orange)	

BOISSONS CHAUDES

Thé à la menthe.....	20 dhs
Thé vert.....	20 dhs
Thé noir.....	25 dhs
Camomille.....	30 dhs
Verveine.....	30 dhs
Cafe Espresso.....	20 dhs
Café au lait.....	25 dhs
Café allongé.....	20 dhs
Cappuccino.....	25 dhs
Chocolat chaud.....	30 dhs

JUS FRAIS

Jus d'orange.....	20 dhs
Jus de citron.....	20 dhs
Jus de carottes.....	20 dhs
Jus concombre.....	20 dhs
Jus de tomate frais.....	30 dhs
Jus de pamplemousse.....	30 dhs
Jus de pastèque.....	35 dhs
Jus de melon.....	35 dhs

VINS SANS ALCOOL

Sauvignon blanc.....	155 dhs
Merlot rouge.....	165 dhs
Night orient classic.....	230 dhs

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SUGGESTIONS DU CHEF

Pastilla de saumon frais.....	165 dhs
Tajine de Kefta	100 dhs
Salade du chef.....	100 dhs
Sandwich Berbère.....	95 dhs

MENU ENFANT AU CHOIX

Pâtes sauce au choix	
Brochettes de poulet et frites	
Omelette à l'espagnole	
Pizza Margherita	
Sandwich de viande hachée	
Boisson au choix	85 dhs

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MENU INTERNATIONAL

POUR SE METTRE EN APPÉTIT

Salade de sardines (sardine grille mariné, salade mixte).....	90 dhs
Salade Quinoa (quinoa, avocat, tomate, concombre, brocoli, oignon, poivron mixte)	90 dhs
Salade au chèvre (fromage, salade mixte, noix, raisin sec, fruit).....	95 dhs
Salade Asiatique (choux, carotte, céleri, cébette, saumon).....	100 dhs

POUR SUIVRE....

Saumon frais (sauce dijonnaise, épinards).....	190 dhs
Gambas croquante (sésame, soul sauce).....	160 dhs
Côtelette d'agneau (frit Belge, sauce mayonnaise maison).....	140 dhs
Brochettes Mixtes (bœuf ,poulet ,merguez ,viande hache , riz pilaf).....	130 dhs
Filet bœuf (jardinière de légumes , sauce au choix).....	175 dhs
Filet Dorade (broccoli sauté, sauce citronnelle).....	130 dhs
Pizza (gorgonzola, épinard, ricotta, pistou, dinde, legumes).....	110 dhs
Pizza margarita	85 dhs
Spaghetti , linguine, Tagliatelle, pinne (sauce au choix).....	110 dhs
Penne aubergine (aubergine, tomate, ail , basilic , huile d'olive).....	85 dhs

NOS DESSERT...

Crème brûlée glace vanille	90 dhs
Fondons chocolat	90 dhs
Mousse au chocolat	75 dhs
Glace trois arômes au choix	75 dhs
Tarte au fruit	70 dhs
Fruit de saison	60 dhs

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MENU MAROCAIN

POUR SE METTRE EN APPÉTIT

Assortiment de salades Marocaines (zaalouk , potiron maassel ,carotte maassel, œuf beldi).....	90 dhs
Assiette briouates (kefta , poulet , fromage /épinards , légumes).....	95 dhs
Harira Marocain (viande, lentille, pois, chiche, vermicelle, célerie, tomate).....	65 dhs

POUR SUIVRE....

En cas d'affluence la préparation de nos plats peut prendre du temps. Merci de votre patience

Tagine d'agneau/boeuf au pruneau et abricots sec	130 dhs
Tagine Poulet aux olives et citron confit	110 dhs
Tagine Essaouira au poissons frais parfume à l Argan	120 dhs
Tagine Berbères aux légumes de saison	100 dhs
Couscous Royal	160 dhs
Couscous traditionnelle aux sept Légumes bœuf	130 dhs
Couscous traditionnelle aux sept Légumes poulet	110 dhs
Couscous traditionnelle aux sept Légumes	100 dhs
Tangia Merrakchia au coquelet	120 dhs
Tangia Merrakchia au Mliege bœuf	150 dhs
Pastilla Marocain au poulet et foie gras (sucré / salé).....	110 dhs

NOS DESSERT...

Assortiment délices Marocain	75 dhs
Assiette Fruit de saison	60 dhs



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DRINKS MENU

COLD DRINK

Mineral water (Still or SPARKLING)..	15/30 dhs
Homemade lemonades	30 dhs
Soft drinks	25 dhs
Non-Alcoholic Beer	60 dhs
Red Bull	50 dhs
Orangina	30 dhs
Frappuccino	30 dhs
Tea Frappuccino	30 dhs

FRESH COCKTAIL

El Moroquito	45 dhs
(orange , carotte , strawberry)	
Marrakech Sunset	45 dhs
(orange , carotte , grapefruit)	
Marrakech Sunrise	45 dhs
(lemon , watermelon , grapefruit)	
Detox	45 dhs
(ginger, lemon, mint)	
Mojito Virgin	50 dhs
(lemon, mint, sugar, soda)	
Green Soul	50 dhs
(spinach, cucumber, orange)	

WARM DRINKS

Mint tea	20 dhs
Green tea	20 dhs
Black tea	25 dhs
Chamomile	30 dhs
Verbena	30 dhs
Espresso coffee	20 dhs
White coffee	25 dhs
Long coffee	20 dhs
Cappuccino	25 dhs
Hot chocolate	30 dhs

FRESH JUICES

Orange juice	20 dhs
Lemon juice	20 dhs
Carrot juice	20 dhs
Cucumber juice	20 dhs
Jus de tomate frais	30 dhs
Grapefruit juice	30 dhs
Watermelon juice	35 dhs
Melon juice	35 dhs

WINES WITHOUT ALCOHOL

Sauvignon blanc	155 dhs
Red Merlot	165 dhs
Night orient classic	230 dhs

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CHEF'S SUGGESTIONS

Salmon pastilla.....	165 dhs
Meatball tagine.....	100 dhs
Chef's Salad.....	100 dhs
Berber sandwich.....	95 dhs

KIDS' CHOICE MENU

Pasta sauce of your choice	
French Fries with Chicken Kebab	
Spanish tortilla	
Spanish tortilla	
Minced beef sandwich	
Beverage of your choice.....	85 dhs

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INTERNATIONAL MENU

TO GET AN APPETITE...

Sardine salad (grilled marinated sardine, mixed salad).....	90 dhs
Quinoa Salad (quinoa, avocado, tomato, cucumber, broccoli, onion, mixed pepper).....	90 dhs
Goat Cheese Salad (cheese, mixed salad, walnuts, raisins, fruit).....	95 dhs
Asian Salad (cabbage, carrot, celery, spring onion, salmon).....	100 dhs

CONTINUE...

Fresh salmon (sesame, soul sauce).....	190 dhs
Gambas croquante (sésame, soul sauce).....	160 dhs
Lamb chop (Flemish fries, homemade mayonnaise sauce).....	140 dhs
Mixed Kebabs (beef, chicken, merguez, minced meat, rice pilaf).....	130 dhs
Beef fillet (vegetables, sauce of your choice).....	175 dhs
Sea bream fillet (pan-roasted broccoli, lemongrass sauce).....	130 dhs
Pizza (gorgonzola cheese , ricotta, spinach, pesto, turkey, vegetables).....	110 dhs
Margarita Pizza	85 dhs
Spaghetti, linguine, Tagliatelle, penne (sauce of your choice).....	110 dhs
Penne Arrabbiata (eggplant, tomato, garlic, basil, olive oil).....	85 dhs

OUR DESSERTS...

Creme brulee with vanilla ice cream	90 dhs
Fondons chocolat	90 dhs
Chocolate mousse	75 dhs
Ice cream with three flavors of your choice	75 dhs
Fruit Pie	70 dhs
Seasonal fruit	60 dhs

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MOROCCAN MENU

TO GET AN APPETITE...

Moroccan salad assortment (zaalouk, pumkin Maassel, carrot maassel , egg beldi)	90 dhs
Briouts plate (minced meat, chicken,cheese/spinach, vegetable).....	95 dhs
Moroccan Harrira (meat, lentils, chickpeas, vermicelli, celery, tomato).....	65 dhs

CONTINUE...

Traditional Lamb Tagine	130 dhs
Traditional Chicken Tagine With preserved lemon and atlas olives	110 dhs
Tagine Essaouira with fresh fish flavored with Argan	120 dhs
Berbere Tagine with beef and seasonal vegetables	100 dhs
Royal Couscous	160 dhs
Couscous with chicken and seven vegetables	130 dhs
Couscous with Beef and seven vegetables	110 dhs
Classic Couscous of seven vegetables	100 dhs
Tangia Merrakchia with cockerel	120 dhs
Tangia Merrakchia with beef fillet	150 dhs
Moroccan pastille chicken and fois gras (wet/salt).....	110 dhs

DESSERT...

Moroccan delicacies	75 dhs
Seasonal fruit plate	60 dhs



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